

Dance 431: Advanced Contemporary Dance Technique

SYLLABUS

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Format/Location: Dance Building Studio
Office Hours by Appointment
University of Hawai'i at Mānoa

He 'Āina, He Kanaka, He Hawai'i Maoli: Land Acknowledgement

As we embark on this course, let us take the time to acknowledge Hawai'i as an indigenous space where the descendants of the original people are today identified as Kānaka Maoli (Native Hawaiian). We recognize that it was through coercion, force, and the breaking of formal treaties that this land was illegally seized. Her majesty Queen Lili'uokalani temporarily yielded the Hawaiian Kingdom and these territories under duress and protest to the United States to avoid the bloodshed of her people. Let us further recognize and express gratitude for the generations of Aboriginal Hawaiians and their knowledge systems that have shaped and continue to shape Hawai'i in a sustainable way that allows us to learn here today.

The 'āina (land) on which the University of Hawai'i at Mānoa sits is located in the ahupua'a (land division from mountain to sea) of Waikīkī, in the moku (district) of Kona, on the moku (island) of O'ahu, in the Pae 'Āina o Hawai'i (Hawaiian archipelago). The particular 'ili 'āina (land division) that Kennedy Theatre is situated on is at the triangulation of Kauala'a, Wailele and Wa'ahila. Ma kai (seaward) of the theatre is Kapa'akea and to the west is Puahia and Pilipili. Ma uka (inland) of our campus are the uplands of Kaho'iwai, the water that is the source for our major stream of Kānewai. Acknowledging these traditional wahi pana (place names) honors the 'āina and the historic relationship that Kānaka Maoli have with this place.

Course Description

Dancers will continue to focus on technique dance training and practice at an advanced level. Students will cultivate contemporary dance principles of motion and technical proficiency. In this class students also bring performance skills to the forefront, synthesizing technical information with individual and collective artistry. This course is a movement class with live musical accompaniment.

Students will continue to improve and expand concepts of:

- Breath – as a mechanism for facilitating, directing and connecting movement, as well as producing dynamic performance contrasts, facile use of breath to create flow, release, suspension, drop, momentum
- Gravity – as a partner for the body in motion, confidence in using floor work
- Weight – for grounding, power and momentum
- Torso and Spine – as primary centers of expressivity, strength, flow and movement initiation, powerful and articulate use of torso and spine with clear execution of motion that originates and radiates from the center of the body
- Energy Dynamics – creating texture and quality in movement by a varied application of touch and force, artful experimentation, serving performance intention
- Spatial Sensitivity – the cultivation of body/space relationships, levels in space, and physical exploration from the floor to air and back again
- Rhythm – stepping outside the box in meter, sound and time

- Musicality – Refined approach to musicality, subtleties of accent and phrasing
- Range of Mobility – Increased body strength, stamina, and flexibility
- Anatomical Awareness – training with alignment for injury prevention and longevity in studio and performance practice
- Movement Sequences – investigation of different movement ideas and patterns
- Creative Choice-making – the role of improvisation in movement invention, evidence of the emergence of a personal aesthetic fueled by artistic curiosity, ease with improvisation and creative choice making while moving
- Mindfulness – awareness of individual creativity and discovery
- Valuing the body as “soma” – cultivating intelligence in motion
- Proprioception – the internal sensing of where the body and its parts are in space without the external feedback of a mirror reflected image
- Professional demeanor with the class setting – focused, alert, energetic, creative, respectful, mature
- Body Alignment: refined and accomplished body alignment, open joints, fully articulated musculature.
- Form – Increased understanding of contemporary dance as an investigative art form

Student Learning Outcomes

DNCE 431 directly supports student progress towards Program Learning Outcomes (PLOs) for the BA/BFA Dance degree. DNCE 431 also supports progress towards UHM Institutional Learning Objectives (ILOs). Targeted PLOs and ILOs supported by DNCE 431 are indicated below:

- Dance Technique: Kinesthetic proficiency and conceptual understanding (PLO 1)
- Breadth and Depth of Knowledge (ILO 1)
- Intellectual and Practical Skills (ILO 2)
- Personal and Social Responsibility (ILO 3)

Class Attendance

Students are expected to attend every class, arrive on time, and stay for the duration of the class. Full and active participation in the course is required. Latecomers may not join in the class. You are considered late if you are not ready in proper class attire, hair up, and warming up on the floor at the start of class. If you arrive late you can receive credit for attendance if you observe and take notes on the class work and turn them in (either hard copy or digital) at the end of the class. No more than three classes may be taken in this manner. Students cannot make-up class absences in another dance course.

Dance Program Attendance Policy

More than 3 absences will lower the grade. Three tardies will be counted as an absence. Each absence beyond three classes will lower your grade by one full letter grade. Seven absences results in a failing grade. Medically excused absences will be evaluated on an individual basis and are at the discretion of the professor.

Attire for Dance Class

Attire should be form fitting, allowing for the line of the body to be seen. No loose or baggy clothing. No large jewelry. Hair must be secure, off the neck, and away from the eyes.

Dance Class Etiquette

Please silence all cell phones during class. Any correction given to an individual should be taken as information for all. Students are expected to be courteous of each other, the musicians, and the dance teacher. Students are encouraged to foster an individual and collective atmosphere of respect, purpose, discipline, and growth.

Performance Surveys/Reviews

Each student must attend and/or participate in three performances. These shows should include UHM Mainstage Dance Concert at Kennedy Theatre Form Within a Form in November and the First Friday Hawaii State Art Museum (free) event on December 2, and one live dance event (that you are not performing in) of your choosing.

For the UHM Mainstage Dance Concert and HiSAM event, fill out the UHM Dance Performance Survey online. For the live performance of your choosing (that you are not performing in), write a one page response and post on the Laulima course drop box. Survey links and details for writing the responses will be provided on the Laulima course site during the semester. Response papers are due no later than one week after the performance. The performance maybe attended and viewed at any point during the semester, no later than December 8.

Exams

A mid-term and practical evaluation will be given on Wednesday November 2 and the final on Friday December 2 at HiSAM. The midterm evaluation will consist of a filmed technique class with a viewing on the following class. During the viewing day you will fill out a self-critique form and have a brief discussion about the observations from the video. The final will consist of a performance at the Hawaii State Art Museum. The purpose of these exams and reviews are to check in with how you are progressing with the course material, cultivate your technical eye, and identify areas to further improve on toward the final. Attendance on both the filming and viewing days is mandatory in order to receive credit for the exam. If you are unable to attend on these days, there will be no make-up opportunities.

Grading Scale

- 50 % Attendance, Attitude, Concentration, and Participation
- 40 % Progress and Improvement
 - 20 % Technical Skills - Evidence of intellectual and physical engagement and understanding
 - 20 % Performance Skills - Evidence of growth, change, and improvement
- 10 % Performance attendance, 2 performance survey submissions, 1 dance response

Health

The Acknowledgment of Risk/Medical Consent Form must be completed and submitted to the professor on the first day of class. Notify the instructor if you have any health concerns that might affect your participation.

Note: Dance exercises and combinations often involve touching. Physical contact may range from simple touch to correct alignment to relaxation massage. Students may also be asked to experiment with exercises involving exchange of weight with other students. If you feel uncomfortable with this, please tell the instructor and appropriate modifications will be made.

Course Meeting Dates

- First Day of Instruction: Monday, August 22
- Last Day of Instruction: Wednesday, December 7
- School Holidays:
 - Monday September 5, Labor Day
 - Friday November 8, Veterans Day
 - Thursday November 24, Thanksgiving Day

FALL 2022 UHM Dance Semester Performances, Activities, and Auditions

August 23, 6pm - 7:30pm Dance Orientation and Meeting (DB Building)

Mandatory for all Dance Majors and Minors.

August 24, 5pm Theatre and Dance Convocation (outside Kennedy Theatre)

Mandatory for all Dance Majors and Minors.

August 25, 6:30pm Audition for dancers for the Kennedy Theatre Dance Concert: "Form Within a Form: Echoes and Reverberations"

6pm at the Dance Building Studio

Open to all university students

Form Within a Form: Echoes and Reverberations – MAINSTAGE

The UHM Dance Program requires that all students enrolled in dance courses either attend or perform in the Dance Program Performances. For Fall Semester 2022 this includes:

November 11-12 & 18-20, 2022 "Form Within a Form: Echoes and Reverberations"

FRI/SAT at 7:30pm

SUN at 2:00pm

Directed by Kara Jhalak Miller

Choreography by Sai Bhatawadekar, Betsy Fisher, Amy Schiffner, Jae Hyuk Jung, Samjin Kim, Kara Jhalak Miller, Ka'ohinani Yojo Daniels, Jonathan Clarke Sybert

Original Music by John Signor, Takuma Itoh, and Keith Cross

Movement Media Art by Larry Asakawa

<https://manoa.hawaii.edu/liveonstage/form/>

\$8 UHM Student with valid UHM ID

\$15 Non-UHM Student/Youth

\$20 UHAA Member with card

\$22 UH Faculty/Staff, Military, Senior

\$25 Regular (Adult)

UHM Dance First Friday Festivities at the Hawaii State Art Museum (HiSAM)

Friday December 2, 2022, 6:30pm

Dance Courses will present a 3 - 5 minute performance or presentation from the semester

Program Survey Link

or Form Within a Form: Echoes and Reverberations and the UHM Dance First Friday Festivities at the Hawaii State Art Museum

<https://forms.gle/cQ8BtjpTSkt4jJJs5>

Required for all UHM dance majors, minors, and students enrolled in dance courses: Attend or perform in the Form within a Form and HiSAM performances. Fill out the Program Survey questionnaire and submit online to the department no later than one week after the show. Your instructor will explain how you will receive credit for attendance and these documents will be compiled each semester by the undergraduate advisor.

Additional UHM Theatre Performances

Ticket Information:

<https://manoa.hawaii.edu/liveonstage/kennedy-theatre/upcoming-season/>

Chinee, Japanee, All Mix Up - PRIME TIME

September 21-25, 2022

WED-SAT 7:30pm

SUN 2:00pm

Directed by Reiko Ho

<https://manoa.hawaii.edu/liveonstage/allmixup/>

Memorial Day – PRIME TIME

October 19-23, 2022

WED-SAT 7:30pm

SUN 2:00pm

By Paul Donnelly

Directed by MFA Candidate Ron Heller

<https://manoa.hawaii.edu/liveonstage/memorialday/>

unspecified: a theatrical exploration of identity - LATE NIGHT

November 18-20, 2022

FRI/SAT at 11pm

SUN at 7:30pm

UHM DANCE STUDENT RESOURCES

UHM Fall 2022 Masking Policy and COVID19 Information and Resources

Masking continues to be required indoors in:

Classrooms

Shared laboratory spaces

Tightly confined educational spaces, such as advising offices

The mask policy is in effect until September 19 and until further updated.

This [link](#) includes all campus resources including updated UHM COVID19 Guidelines and more information that you are encouraged to add to your syllabus or make available on Laulima.

Health Statement

Please notify the instructor if there are any particular physical concerns that affect your ability to dance. Acknowledgment of Risk/Medical Consent Form must be completed and submitted to the instructor on the first day of class. Any student who feels they may need an accommodation is invited to

contact the instructor privately.

Statement on Disability: KOKUA Program

As each Student has unique backgrounds, we intend to support all students in dance courses. If you have a disability and related access needs, please start by contacting either the Instructor or the KOKUA program (UH Disabled Student Services Office) at 956-7511, KOKUA@hawaii.edu, or go to Room 013 in the Queen Lili'uokalani Center for Student Services.

Statement on Title IX:

The University of Hawai'i is committed to providing a learning, working and living environment that promotes personal integrity, civility, and mutual respect and is free of all forms of sex discrimination and gender-based violence, including sexual assault, sexual harassment, gender-based harassment, domestic violence, dating violence, and stalking. If you or someone you know is experiencing any of these, the University has staff and resources on your campus to support and assist you. Staff can also direct to resources that are in the community. Here are some of your options:

If you wish to remain ANONYMOUS, speak with someone CONFIDENTIALLY, or would like to receive information and support in a CONFIDENTIAL setting, contact the confidential resources available here:

<http://www.manoa.hawaii.edu/titleix/resources.html#confidential>

Lesbian, Gay, Bisexual, Transgender, Queer+ (LGBTQ+) Student Services:

The LGBTQ+ Student Services strives to maintain a safe and inclusive campus environment that is free from harassment and discrimination. The office provides direct services to students of the University of Hawai'i at Mānoa to confidentially discuss or seek advocacy and support for mistreatment due to their actual or perceived sex, gender identity, gender expression, or sexual orientation.

Camaron Miyamoto

Queen Lili'uokalani Center for Student Services 211 2600 Campus Road
(808) 956-9250

email: lgbtq@hawaii.edu <http://manoa.hawaii.edu/lgbtq/>

Office of Gender Equity:

The Office of Gender Equity offers direct services to victims and survivors of sexual harassment and sexual assaults. Brief descriptions of services offered are available here:

Jenna Friedman

Queen Lili'uokalani Center for Student Services 210 2600 Campus Road
(808) 956-9499

email: geneq@hawaii.edu www.manoa.hawaii.edu/genderequity

Prevention, Awareness, and Understanding (PAU) Violence Program:

Prevention, Awareness, and

Understanding (PAU) Violence Program exists to inspire, educate, and empower students and campus communities to build safe living-learning environments, end interpersonal violence, and encourage holistic well-being in ways that are supportive, collaborative, student-centered, and strengths-based. PAU Violence Program staff provides direct services to all University of Hawai'i at Mānoa students including crisis response, safety planning, academic support, and referrals to campus and community resources.

Jennifer Barnett and Leslie Cabingabang

Queen Lili'uokalani Center for Student Services 211 2600 Campus Road
(808) 956-8059

uhmpau@hawaii.edu

Student Parents At Mānoa (SPAM):

Student Parents At Mānoa (SPAM) seeks to increase the visibility of and resources for student parents at UH Mānoa as they pursue education while parenting. SPAM staff provide advocacy, support, and referrals for pregnant and parenting students to help them succeed in their educational goals.

Teresa Bill 2600 Campus Road Queen Lili'uokalani Center for Student Services 211 (808) 956-8059
gotkids@hawaii.edu <http://manoa.hawaii.edu/studentparents/>

Counseling and Student Development Center (CSDC):

The Counseling and Student Development Center (CSDC) offers support to UHM students, staff, and faculty to assist with personal, academic, and career concerns. All services are confidential and most are free of charge for Mānoa students. They also offer free consultation to faculty and staff on personal and student-related issues as well. CSDC office hours are from 8:00 a.m. to 4:30 p.m., Monday through Friday. They also offer immediate walk in appointments for urgent or emergency/crisis services during their regular daily hours.

Queen Lili'uokalani Center for Student Services 312 2600 Campus Road
(808) 956-7927

uhmcsdc@hawaii.edu www.manoa.hawaii.edu/counseling

University Health Services Mānoa (UHSM):

The University Health Services Mānoa (UHSM) is staffed by physicians, nurse clinicians, nurses, and other support staff, and offers a wide range of medical services and programs to UH Mānoa students, with many of the services also available to UH Mānoa faculty and staff and students from other UH campuses. Services include general medical care on a walk-in basis; women's health, sports medicine, psychiatry, and dermatology clinics by appointment; pharmacy and clinical laboratory; and student training, employment and volunteer opportunities.

1710 East West Road
(808) 956- 8965
www.hawaii.edu/shs/

Academic Integrity and Misconduct:

Please become familiar with the University's policies regarding academic misconduct. Plagiarism and cheating represent violations of University policies and can have serious consequences. In short, plagiarism means using words, ideas, materials or work, often from other sources without properly acknowledging and documenting the sources. Students are responsible for knowing the rules governing the use of another's work or materials and for acknowledging and documenting the source appropriately. Although we encourage collaboration with peers, all work that candidates ultimately submit must be their own in their own words. If you are in doubt about whether your work is paraphrased or plagiarized, see the UH General and Graduate Information Catalog under "Student Regulations" and the UH Student Conduct Code for specific guidelines related to ethical behavior. Violations of academic integrity include, but are not limited to, cheating, fabrication, tampering, plagiarism, or facilitating such activities. Failure to meet these expectations can result in failure of the course and possible dismissal from the program.